

Our Story

Happy Bowls was created through the minds of a surfing family. Tyler Davis, (older brother to women's professional surfer Quincy Davis) opened the first shop in his hometown of Montauk, New York in June of 2013 at the age of 22. Tyler is an avid surfer, spear fishermen and motocross rider.

Whilst traveling through South America and Puerto Rico to surf and study in the years' prior, the Acai bowl was stumbled upon. This was truly an astonishing meal – it fills you up, does not weigh you down, and gives you all the desired antioxidants and vitamins to flourish each day. Whether it was beforehand, in-between or after surf sessions, the Acai bowl was always the perfect way to go



Team rider Quincy Davis enjoying a bowl in Puerto Rico.

Thus, the Happy Bowls team and lifestyle was created. We joined our passions – healthy food, good health, energetic lifestyles, the environment, and of course, the bowls. Why the east coast and Caribbean? Well, that's who we are and where we want to be. We wanted to give back to our communities, and in the process, promote better health and staying active.



Tyler Davis in South America.

Tyler then partnered up with long-time friend and business companion Jose Rodriguez (who is local to the west coast of Puerto Rico) where they decided to spread the love of Happy Bowls to the little island in the Caribbean.

Jose and his son, Jochy, decided they would both open up their own shops in the beautiful towns of Rincon, Puerto Rico and Mayaguez, Puerto Rico, respectively. Nothing goes better with palm trees and strong sun than a refreshing cold bowl or smoothie.



Pitaya smoothies made fresh to order.